

## CURRICULUM VITAE

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### Education

- 1996 **University of California, San Francisco, California**  
Post-Masters Special Studies, Family Nurse Practitioner
- 1996 **University of California, San Francisco, California**  
Master of Science in Nursing, Women's Health Nurse Practitioner
- 1982 **Los Medanos College, Pittsburg, California**  
Associate of Arts in Nursing, Registered Nurse
- 1978 **University of California, Davis California**  
Bachelors of Science, Biological and Behavioral Development  
Summa cum laude  
Susan R. Regan Award, Outstanding Woman Graduate  
Departmental Citation, Outstanding Graduate Individual Majors Program  
Prytanean Women's Honor Society Outstanding Graduate

### Professional Experience

- 2022 **Each Woman's Health**, Walnut Creek CA  
Nurse Practitioner, lead clinician in women's health practice
- 2017-2021 **Comprehensive Wellness**, Walnut Creek CA  
Nurse Practitioner, gynecology care in multidisciplinary practice
- 1999-2016 **Muir Obstetric & Gynecologic Medical Group**, Walnut Creek CA  
Nurse, Practitioner, obstetrics and gynecology practice
- 1997-1999 **Holy Names University**, Oakland CA  
Associate Professor, Director Masters Family Nurse Practitioner Program
- 1995-1999 **Diablo Obstetrics and Gynecology & Women's Wellness Group**, Walnut Creek CA  
Nurse Practitioner, obstetrics and gynecology practice
- 1996-1997 **Samuel Merritt College**, Oakland CA  
Lecturer, Dept. of Nursing
- 1983-1997 **John Muir Medical Center**, Walnut Creek CA  
Registered Nurse, NICU and Director Obstetrical Home Visit Program
- 1989-1993 **Prepared Childbirth/Lamaze**, Walnut Creek CA  
Independent Certified Childbirth Preparation Educator
- 1982-1983 **Children's Hospital Medical Center**, Oakland CA  
Staff Nurse Level III, Intensive Care Nursery
- 1979-1982 **We Care Services for Children**, Concord CA  
Developmental Therapist and Intern/Volunteer Supervisor
- 1978-1979 **The National Institutes of Health**, Bethesda MD  
Assistant Research Psychologist

## Professional Activities

**Faculty Affiliations** Holy Names University, Adjunct Clinical Faculty and Guest Lecturer 2002 – present  
California State University San Francisco, Adjunct Clinical Faculty 2003-2005

**Advisory Boards** Sharecare Inc. Medical Advisory Board, Atlanta GA 2010 – present  
Women Living Better Advisory Board, Boston MA 2020 – present  
HealthyWomen.org, Washington D.C., 2020 – present

**Volunteer Positions** Rotacare Clinic, Concord CA, Volunteer and Advisory Council 2016 – present  
John Muir Mobile Health Van, Walnut Creek CA, Volunteer 2016 – 2019

## Selected Peer Reviewed Presentations

July 2020 *The Vagina Hour: Healing and Critical Health Promotion.* California Association of Nurse Practitioners

November 2019 *Women and Sleep.* Grand Rounds Mercy Medical Center St. Louis. St. Louis, MO

October 2019 *Managing Menopause in the Presence of Chronic Disease; Exploring Options.* Nurse Practitioners of Oregon. Eugene, OR

October 2019 *Abnormal Uterine Bleeding – Sorting It All Out.* Nurse Practitioners of Oregon, Eugene, OR

September 2018 *Chronic Pelvic Pain.* Contemporary Forums. Las Vegas, NV

March 2018 *Menopause 2017 Guidelines: Looking at Special Populations and Building on Existing Practice.* California Association of Nurse Practitioners Educational Conference. San Diego, CA

March 2018 *Abnormal Uterine Bleeding-Sorting It All Out.* California Association of Nurse Practitioners Educational Conference. San Diego, CA

January 2018 *Reaching Across Credentials & Sharing Expertise: Pelvic and Sexual Health.* Comprehensive Wellness. Walnut Creek, CA

October 2017 *Non-Invasive Prenatal Testing: Is this the future of prenatal diagnosis?* Nurse Practitioners in Women's Health Annual Conference. Seattle, WA

2002-2017 *Menopause Symptom Management, Hormonal Contraception, Drugs in Pregnancy and Lactation, Osteoporosis.* Pharmacology for Advanced Practice Clinicians, Contemporary Forums. San Francisco, CA, Nashville TN, Washington DC, Las Vegas, NV. Recurring

September 2016 *Utilizing the New FDA Label: Prescribing in Pregnancy, Lactation, & Reproductive Age Populations.* Nurse Practitioners in Women's Health National Conference. New Orleans, LA

June 2016 *Prescribing in Pregnancy and Lactation: The New FDA System.* American Association of Nurse Practitioners National Education Conference, San Antonio, TX

April 2016 *Menopause and the Medically Complicated Patient.* John Muir Health Systems Grand Rounds, Walnut Creek, CA

January 2016 *Contraception Update.* John Muir Health Systems Grand Rounds, Walnut Creek, CA

November 2015 *Why Women Don't Sleep and What To Do About That.* Women's Health and Ob Gyn Nursing. Contemporary Forums, New Orleans, LA.

November 2015 *Evidence Based Non-Invasive Prenatal Testing.* Women's Health and Ob Gyn Nursing. Contemporary Forums, New Orleans, LA.

March 2014 *It's Not Grandma's Birth Control Pill: New Guidelines and New Products.* California Association of Nurse Practitioners 38<sup>th</sup> Education Conference, Newport Beach, CA.

March 2014 *A New Menopause Generation: What Have We Learned 13 Years After the WHI?* California Association of Nurse Practitioners 38<sup>th</sup> Education Conference, Newport Beach, CA.

October 2013 *An Evidence-Based Approach to Menopause Symptom Management.* Women's Health and Ob/Gyn Nursing. Contemporary Forums, Las Vegas, NV.

October 2013 *No Bones About It: Osteoporosis Update*. Women's Health and Ob/Gyn Nursing. Contemporary Forums, Las Vegas, NV.

October 2013 *Contraception for Women Over 40*. Women's Health and Ob/Gyn Nursing. Contemporary Forums, Las Vegas, NV.

May 2013 *Prevention and Treatment of Osteoporosis*. Retail Clinician Education Conference. Las Vegas.

March 2013 *Menopause Symptom Management*. Contraceptive Technology, Contemporary Forums, San Francisco.

March 2012 *Contraception in Perimenopause. Osteoporosis Update*. Contraceptive Technology, Contemporary Forums. San Francisco.

March 2011 *Contraception for Postpartum and Lactation*. Contraceptive Technology. Contemporary Forums. San Francisco, Ca

August 2010 *Too Much, Too Little, Too Early or Late: Managing Abnormal Vaginal Bleeding*. Hot Topics in Primary Care, Contemporary Forums, Jackson Hole, WY

August 2010 *Plants, Pills and Patches: Strategies for Menopause Symptom Management*. Hot Topics in Primary Care, Contemporary Forums, Jackson Hole, WY

August 2010 *Contraceptive Management for Women with Medical Conditions: Applying the New U.S. Medical Eligibility Criteria*. Hot Topics in Primary Care, Contemporary Forums, Jackson Hole, WY

August 2009, August 2010 *Fracture Risk Assessment, Intervention, and Prevention Strategies for Osteoporosis*. Office Gynecology, Contemporary Forums, Jackson Hole, WY

August 2009, August 2010 *Trends in Contraception: New Data, Devices, Prescribing Regimens and Indications*. Office Gynecology, Contemporary Forums, Jackson Hole, WY

August 2009 *Strategies for Managing the Side Effects of Contraception*. Office Gynecology, Contemporary Forums, Jackson Hole, WY

March 2009 *Creative Prescribing Regimens: Quick Start, Extended Regimens, and Shortened Hormone-Free Interval*. Contraceptive Technology Conference, Contemporary Forums, San Francisco, CA

March 2009 *The Fundamentals of Contraception: Managing Side Effects*. Contraceptive Technology Conference, Contemporary Forums, San Francisco, CA

April 2008 *The Everyday Challenges of Providing Contraception: Choosing, Initiating, Missed Pill, Late Shots and Loose Patches*. Contraceptive Technology Conference, Contemporary Forums, San Francisco, CA

April 2008 *Strategies for Managing Side Effects of Contraception*. Contraceptive Technology Conference, Contemporary Forums, San Francisco, CA

September 2007 *Interesting and Challenging Case Studies in Contraceptive Management*. Ambulatory Ob/Gyn Nursing Conference, Contemporary Forums, Las Vegas, NV

March 2007 *Contraception for Women over 40: Case Studies*. Contraceptive Technology Conference, Contemporary Forums, San Francisco, CA

June 2006 *Making Good Contraceptive Choices*. Women's Health Contemporary Challenges, University of California San Francisco School of Nursing,

April 2002 *Gynecological Cancer Screening*. American Cancer Society Annual Oncology Survey. Mt. Diablo Medical Center, Concord, CA.

April 1997 *Pre-pregnancy Counseling: Can We Make a Difference in Outcome? Born Too Soon: Multidisciplinary Strategies for Prevention of Preterm Birth*, Contemporary Forums Oakland, CA

April 1996 *After Early Discharge: Critical Assessment of the Mother and Baby in the Home*. The National Conference of Obstetric Nursing, Contemporary Forums San Francisco, CA.

### Peer Reviewed Publications

Geraghty P ed. Each Woman's Menopause: An Evidence Based Resource. 2022. Springer Nature. Switzerland. 413 pp

Geraghty P. "The menopausal transition: Symptom management and health promotion." 2013. DSN Collaborative Care. 2013; 2(5):23.

[www.cedrugstorenews.com/0401000013010H01P](http://www.cedrugstorenews.com/0401000013010H01P)

Geraghty P. "Beyond birth control: medical benefits of hormonal contraception.: *Advance for Nurse Practitioners*. 2009;17(2):47-52.

### **Licensures and Certifications**

California State Board of Registered Nursing License Number 352006

California State Board of Registered Nursing Nurse Practitioner Furnishing Number 7647

Family Nurse Practitioner, American Nurses Credentialing Center

Certification Number 258460-22

### **Special Projects**

Member of the Academy of Judges for the Sharecare Awards in Association with the Emmys®

Healthline Networks, Inc., Medical Reviewer Online Women's Health Resources and Consultant 2014 – present

### **Professional Organizations**

California Association of Nurse Practitioners

American Association of Nurse Practitioners

North American Menopause Society

Nurse Practitioners in Women's Health